T-Shirt Cushion

Ever wondered what to do with those old T-shirts? Especially the ones with fun and unique logos and designs? Well, you can upcycle those old T-shirts into fun and funky cushions. This is a great, fun activity involving recycling and craft work.

You will need:

An old T-shirt

Pair of scissors

A ruler or tape measure

Some pins

Pillow stuffing

A sewing machine (or needle and thread)

A piece of card or cardboard (large enough for your cushion)

Instructions:

1. On a piece of cardboard, measure and mark the size of the cushion cover you would like to make. Using your markings, cut out the shape of your cushion.
2. Pin the old T-shirt onto the piece of card. Cut a section from the front and a section from the back of your T-shirt (these will form the front and back of your cushion).
3. Lay the two T-shirt sections one on top of the other. Turn over the piece you will be using for the front of the cushion so that the logo or pattern can't be seen. You will see it again when your cushion is finished! Pin the two pieces together.
4. Using a sewing machine or needle and thread, sew along the outline of your cushion shape. Make sure to use small, tight stitches so none of the stuffing escapes. Leave a gap in one side that is unsewn so that you are able to add the stuffing.
5. Turn your pieces inside out. You should now be able to see the logo or pattern on the front.
6. Fill the cushion with pillow stuffing firmly. Close the gap by stitching your cushion closed.
7. Smooth out the cushion and display on your bed or sofa.